Questions to ask my doctor about adding a beta-blocker

Please print this page and discuss the following with your doctor during your next office visit.

Questions	Doctor response
Is a beta-blocker medication right for me? How does it work?	
If it's not right for me, why?	
 Is it safe to take with my other medications? Are there any medications I should stop when I start this one? Are there any side effects I should be aware of? What should I do if I have any of these side effects? Is it the most cost-effective choice? For example, does it have the least expensive copay? Is a generic form available? What strength are you recommending? How many times a day do I need to take the medicine? What should I do if I miss a dose? Do I need to avoid alcohol or any particular foods while taking this medicine? 	

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